PARENT AND FAMILY SUPPORTS

Action 4 Autism

1217 North 550 EastTooele, UT 84074(435) 843-8562Action 4 Autism provides parents of children with autism spectrum disorders to gather and get and share valuable information.

AUsome Friends

Jolaine Garner (801) 782-9018 Email: jolaineg@yahoo.com AUsome Friends is a support group in Ogden for parents of children and teenagers with autism spectrum disorders.

Autism Information

In Summit County, contact: Joy Stanley 435-640-6427 Email: joyfs@comcast.net

Autism Journeys Consulting

3130 West Maple Loop Drive, Suite 110 Lehi, UT 84043 (801) 766-8681 Website: www.autismjourneys.net

Autism Journeys Consulting recognizes that autism affects the entire family unit. They address the emotional needs of parents, siblings, and even extended family and friends as needed.

Autism Assessment and Treatment Center

4505 Wasatch Boulevard, Suite 190 Salt Lake City, UT 84124 (801) 386-8069 Website: <u>www.autismutah.com</u> The Autism Assessment and Treatme

The Autism Assessment and Treatment Center strives to enhance the quality of relationships and quality of life for children diagnosed with autism spectrum disorders and their families. Being a parent of a child with an autism spectrum disorder presents special challenges and unique stressors. This group brings caregivers together in order to process what it is like to be a parent of a child with an autism spectrum disorder and provide much needed support. Call for meeting dates and times.

Big MAKS Group – (Mother's of Autism Kids) Salt Lake County

Email: Cheryl Smith at cheryl@autismcouncilofutah.org

Big MAKS Group – (Mothers of Autistic Kids) Davis County

Laura Anderson Email: laura@autismcouncilofutah.org

Carmen B. Pingree Center for Children with Autism

780 South Guardsman Way Salt Lake City, UT 84108 (801) 581-0194 Website: www.carmenbpingree.com This center offers parent training classes and sibling support groups.

CTA Community Supports

4444 South 700 East, Suite 203 (801) 268-4887 Murray, UT 84107 Website: www.ctautah.org CTA is dedicated to providing quality supports for people with autism and their families.

Family Connection Center

780 South State Street (801) 773-0712 Clearfield, UT 84015 Website: www.familyconnection4u.org

The Family Connection Center is dedicated to protecting children, strengthening and sheltering families and individuals, fostering self-sufficiency, and facilitating a caring community.

Family Support Center

777 West Center Street Midvale, UT 84047 (801) 255-6881

2020 South Lake Street Salt Lake City, UT 84105 (801) 487-7778

Website: www.familysupportcenter.org

The Family Support Center has a licensed and trained clinical staff that consists of social workers, psychologists, and marriage and family therapists to assist families and individuals in dealing with many of life's various stressors.

Family to Family Network

Website: www.utahfamilytofamilynetwork.org

The Family to Family Network is dedicated to educating, strengthening and supporting families of persons with disabilities. The Network is a grassroots volunteer group composed of family members across Utah who have a relative with a disability. There are local Networks all across the state of Utah that regularly host meetings and activities.

Jordan Family Education Center

8449 South 150 West (801) 565-7442 Midvale, UT 84047 Website: <u>http://www.jordandistrict.org/depts/familyeducationcenter.htm</u> The Jordan Family Education Center provides support services and classes for families in Jordan School District. These services are provided by the District's school psychologists, social workers, and counselors.

Marbles for Miracles

Website: <u>www.marblesformiracles.org</u> (801) 735-3870 Marbles for Miracles provides: funding for families of children with autism to educate them, a network of families with similar circumstances, public awareness of autism, a newsletter, and art classes.

OPTIONS for Independence

(435) 723-2171 Website: www.optionsind.org

OPTIONS for Independence is a non-residential Independent Living Center where people with disabilities can learn skills to gain more control and independence over their lives.

Tooele Autism Group (TAG)

A Parent Support Group organized to help parents of children with autism spectrum disorders in Tooele County. Children's Activities Networking with other Parents of Children with Autism Facilitate social activities for older teens and adults with ASD For more information about TAG or meeting details, please call Jenni at (435) 882-6755 or email Janell at <u>jklocke5@msn.com</u>.

Tri Connections, Inc.

1921 North 1120 West (801) 343-3900 Provo, UT 84604

Website: www.triconnections.com

The maintenance and strengthening of the family unit is the objective of Family Support Services at Tri Connections. Supports are designed to help the family learn methods to manage and cope with the complexities and stress of supporting an individual with disabilities in their own home.

TURN Community Services

850 South Main Street Salt Lake City, UT 84101 (866) 359-8876 Website: <u>http://www.turncommunityservices.org/index.html</u> TURN supports people of all ages with disabilities who live in the community or in

their family homes. They help each family develop a long-term plan based on the family's present needs and future goals. Through family support services, people with disabilities, their parents, siblings, and neighbors learn new approaches and strategies to foster independence. The kinds of supports offered are flexible and family-driven.

ONLINE AUTISM SUPPORT GROUPS Utah Kids

Utah Kids is a source of information and support for parents of children with disabilities. To access the group, visit <u>www.yahoogroups.com</u> and search for "utah kids".

O.A.S.I.S. – Online Asperger Syndrome Information and Support

Includes chat line for teenagers and adults with Asperger Syndrome Website: <u>http://www.udel.edu/bkirby/asperger/</u>

Unlocking Autism.Org – National On-line Support Network

Website: http://www.unlockingautism.org

UPOSK – Utah Parents of Spectrum Kids

Website: <u>www.uposk.com</u>

Utah Autism Spectrum Support Group

www.msnusers.com/autismcommunitydedicatedtomakingadifference

AutismLink

www.autismlink.com AutismLink has many support resources including message boards and chat rooms.

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