

# Summer 2012

## PROGRAMS FOR INDIVIDUALS WITH DISABILITIES IN UTAH



### CACHE COUNTY

- ✦ **Common Ground Outdoor Adventures:** provides adaptive equipment and support which enable people with disabilities to participate in outdoor recreation alongside their peers.

**Website:** [www.cgadventures.org](http://www.cgadventures.org)

**Phone:** (435) 713-0288      **City:** Logan

**Cost and Duration:** Vary based on program

**Age:** All ages

- ✦ **OPTIONS for Independence:** is a nonresidential Independent Living Center where people with disabilities can gain more control and independence over their lives. They also offer weekly activities throughout the year.

**Website:** [www.optionsind.org](http://www.optionsind.org)

**Phone:** (435) 753-5353      **City:** Logan

**Cost and Duration:** Vary based on program

**Age:** All ages

### DAVIS AND WEBER COUNTIES

- ✦ **Spectrum Academy:** offers a six-week summer camp for children with high functioning autism. They offer a structured environment focusing on social skills.

**Website:** [www.spectrumcharter.org](http://www.spectrumcharter.org)

**Phone:** (801) 936-0318

**Age:** Grades K-6th

- ✦ **TURN Community Services, Inc.:** offers various activities through their summer day camps. They also offer Saturday night respite and activities throughout the year.

**Website:** <http://turncommunityservices.org>

**Phone :** ( 801) 359-8876 or (866) 359-8876

### MILLARD, SEVIER, BEAVER, IRON, GARFIELD, KANE AND WASHINGTON COUNTIES

- ✦ **TURN Community Services, Inc.:** offers various activities through their summer day camps. They also offer Saturday night respite and activities throughout the year.

**Website:** <http://turncommunityservices.org>

**Phone:** (801) 359-8876 or (866) 359-8876

### SALT LAKE CITY AREA

- ✦ **Accessible Wildlife for People with Disabilities:** The Utah Department of Natural Resources (DNR) encourages people with disabilities to take advantage of our natural resources. DNR's Divisions and other public and private agencies have developed parks, campgrounds, trail systems, fishing piers, and other programs to enable access to our natural resources throughout the state.

**Website:** <http://wildlife.utah.gov/disabled/>

**Age:** All Ages

**Location:** State Wide

- ☼ **Art Access:** Provides a variety of programs year round for youth with and without disabilities

**Website:** <http://www.accessart.org/programs>

**Phone:** 801-328-0703

**Location:** SLC

**Age:** 3-22

- ☼ **Boys and Girls Club of Murray:** offers programs specifically for children with disabilities.

**Website:** [www.bgcsv.org](http://www.bgcsv.org)

**Phone:** (801) 284-4259

**City:** Murray

**Age:** Grades K-12

- ☼ **Camp Kostopulos:** in Emigration Canyon is now enrolling children, teens and adults with physical, developmental, and intellectual disabilities for Summer Camp and all its intrinsic therapeutic recreation programs. Each week of summer camp is targeted to a different age group and primary disability, with more than 11 weeks to choose from! Campers get to stay overnight for a week in our heated, bunk-style cabins; dine in the lodge, swim in the heated pool, ride horses, climb, paddle a canoe, traverse a high ropes course, fish, canoe, play games, perform, and make friends and memories to last a lifetime.

**Website:** [www.campk.org](http://www.campk.org)

**Phone:** (801) 582-0700

**City:** Salt Lake City

**Cost and Duration:** Vary based on program

**Age:** All ages

- ☼ **Camp Takoda:** is back for its third year in Utah due to its tremendous success. This camp implements the Pelham Summer Treatment Program to serve children ages 8 - 12 with ADHD, learning disabilities, compliance issues, executive function disorders, low self-esteem, and/or Aspergers/high-functioning autism.

**Website:** [www.uafo.org](http://www.uafo.org)

**Phone:** (801) 467-8553

**City:** Salt Lake City

**Age:** 8-12

**Cost:** \$3,600 for 8 weeks

- ☼ **Camp Roger:** Provides a residential summer camp with counselors trained in the needs of campers with disabilities. Other day and holiday camps are available.

**Website:** [www.ymcasaltlake.org/camps](http://www.ymcasaltlake.org/camps)

**Phone:** 1-877-690-9622

**Age:** 4-18

- ☼ **Easter Seals of Utah:** Offers a variety of programs including Summer and Saturday Camps

**Website:** [http://www.easterseals.com/site/PageServer?pagename=ntl\\_camping\\_and\\_recreation](http://www.easterseals.com/site/PageServer?pagename=ntl_camping_and_recreation)

**Phone:** 1-800-221-6827

**Age:** All ages

- ☼ **Granite Peaks Lifelong Learning:** offers fun community education classes during the summer for children and young adults with disabilities.

**Website:** [www.granitepeaks.org](http://www.granitepeaks.org) (click on "Courses" on the left-hand side of the screen)

**Phone :** (385) 646-4666

**City:** Salt Lake City

**Age:** All ages

- ☼ **Hartvigsen School Open Plunge:** takes place in Hartvigsen's heated pool that also has specially designed ramp access and equipment-assisted ramp access for individuals with disabilities.

**Phone:** (801) 646-4587

**Age:** All ages

- ✧ **Jewish Community Center Summer Camps:** Enrolls children and teens with special needs into their summer camps program depending on the needs.

**Website:** <http://slcicc.org/youth-a-teen/summer-camps>

**Phone:** 801-581-0098

**Age:** 2-10

- ✧ **Lifelong Learning Center:** provides all participants ages 18+ to realize their individual and unique potential. Through supervised daily experiences, each person will benefit from the programs while giving back to their community.

**Website:** [www.lifelonglearningut.com](http://www.lifelonglearningut.com)

**Phone:** (801) 746-7251

**Age:** 18 and older

- ✧ **Murray Greenhouse Foundation:** offers a solution for individuals with disabilities age 22 and older. Conceived as a safe and nurturing learning place whose cornerstone is their greenhouse, the Foundation provides the teaching of individualized independent living skills and employment skills for people with disabilities. Here, people can learn the skills necessary to be successful at work and in their personal lives to help build a better life for themselves and for their families. Space is limited, so please call early!

**Website:** http

**Phone:** (801) 266-0669

**Age:** 22 and older

- ✧ **Salt Lake County Adaptive Recreation:** offers a variety of programs and activities for individuals with disabilities including: wheelchair rugby, dances, aquatics, ice programs, camps, clinics, basketball, track and field, softball, soccer, bocce, fitness, and more. There are programs for both adults and youth. They also offer sport programs for individuals with disabilities over the age of 5. Sports and socialization programs and activities are also available for adults.

**Website:** [www.recreation.slco.org/adaptive/](http://www.recreation.slco.org/adaptive/)

**Phone:** (801) 559-1500

**City:** Midvale

**Cost and Duration:** Vary based on program

**Age:** All ages

- ✧ **SEPS Learning Center:** is an independent private school and clinic. SEPS Summer Programs are structured to help students of all ages and abilities achieve the success they desire. Individualized programs are designed to help student's master reading, writing, spelling and mathematics. Course packages give students the opportunity to study special interests, to focus on strengthening academic trouble areas or to prepare for the upcoming school year. They also offer ESY, brain training and social skills classes.

**Website:** [www.sepslc.com/summer.php](http://www.sepslc.com/summer.php)

**Phone:** (801) 467-2122

**City:** Salt Lake City

**Age:** All ages

- ✧ **SLCC Summer 2012 Reading Skills Program:** offers a 5 week long summer program for struggling reader's grades k-12. They provide individualized attention, group instruction and engaging materials.

**Website:** [www.slcc.edu/continuinged/youth](http://www.slcc.edu/continuinged/youth)

**Phone:** (800) 964-8888

**Cities:** Sandy, Taylorsville, West Jordan, And Bountiful

**Cost:** \$199.00-\$269.00

**Age:** Grades K-12



public's understanding, accommodation and acceptance of their rights, needs and abilities. Their summer program includes: classes (outings, assertiveness and sexuality, living independently, and nutrition, cooking and shopping), peer tutors, Nitty Gritty, Education Enhancement Summer Program, and more!

**Website:** [www.uilc.org](http://www.uilc.org)

**Phone :** (801) 466-5565      **City:** Salt Lake City

**Cost and Duration:** Vary based on program

**Age:** 14-22

- ✧ **Virginia Tanner Creative Dance Program:** is a pioneer in the world of children's dance. They take a holistic approach to teaching and learning, respecting each dancer's individual development level and needs. They offer dance classes for children with disabilities all year long, including during the summer.

**Website:** [www.tannerdance.utah.edu](http://www.tannerdance.utah.edu)

**Phone :** (801) 581-7374      **City:** Salt Lake City

**Age:** 18 months-Adulthood

- ✧ **Wasatch/Snowbird Adaptive Sports:** Has many different programs including nature hikes, fishing, adaptive biking, Snowbird activities (Tram rides, bungee jumping, alpine slide and Zip Rider rides), mine and water tunnel tours, GPS/orienteering classes, boundless playground and hippotherapy.

**Website:** [www.wasatchadaptivesports.org](http://www.wasatchadaptivesports.org)

**Phone:** (801) 933-2188      **City:** Snowbird

**Cost and Duration:** Vary based on program but Scholarships are available

**AGE:** ALL AGES

- ✧ **YoungLife Salt Lake Capernaum:** is a nonprofit Christian Ministry dedicated to serving the needs of youth with physical and developmental disabilities. Programs include clubs and camps.

**Website:** <http://sites.younglife.org/sites/SaltLakeCapernaum/default.aspx>

**Phone:** (801) 949-8143      **City:** Sugarhouse to Draper

**Cost and Duration:** Vary based on program

**Age:** 5-22

- ✧ **UAID (Utah Association for Intellectual Disabilities):** They hold activities throughout the summer including arts and crafts. Please contact Kathy Scott for information about their summer programs.

**Website:** [www.uaid.org](http://www.uaid.org)

**Phone:** (801) 654-8449

**Age:** All ages

- ✧ **National Ability Center:** Offers a variety of recreational activities all year long. During the summer they offer several summer camps for children with disability

**Website:** [www.discovernac.org/contact.htm](http://www.discovernac.org/contact.htm)

**Phone:** (435) 649-3991

**Age:** All ages

- ✧ **Special Olympics:** Offer summer games where individuals with disabilities can compete in a Variety of sports including things like cycling, field and track, soccer and softball.

**Website:** <http://www.sout.org/events>

**Phone:** 801-363-1111 ex 223

**Age:** 8-Adulthood

## SUMMIT COUNTY

- ✧ **National Ability Center (NAC):** The NAC is committed to the development of lifetime skills for people of all ages and abilities by providing affordable outdoor sports and recreational experiences in a nurturing environment. Some of the programs available are day camps, swimming, horseback riding, and many more. Please visit their website for a complete listing of what is available.

**Website:** [www.DiscoverNAC.org](http://www.DiscoverNAC.org)

**Phone:** (435) 649-3991

**City:** Park City

## Utah County

- ✧ **Courage Reins Therapeutic Riding Center:** offers horseback riding lessons to people of all ages and abilities.

**Website:** [www.couragereins.org](http://www.couragereins.org)

**Blog site for volunteers:** [www.couragereins.weebly.com](http://www.couragereins.weebly.com)

**Phone:** (801) 756-8900

**City:** Highland

**Cost and Duration:** Vary based on program

**Age:** All ages

- ✧ **Recreation and Rehabilitation Services (RAH):** RAH helps individuals with disabilities rise to new heights of personal achievement and development. All activities and programs are designed to meet the needs and enhance the lives of participants.

**Website:** [www.rahservices.org](http://www.rahservices.org) **Office Hours:** Tuesday thru Friday

**Phone:** (801) 374-8074

**City:** Provo

**Age:** 16-Adulthood

## Classes/Camps (Non Disability Specific):

- ✧ **Abrakadoodle:** Crayola provides specialty materials & curriculum for this PreK-12 year's old program at sites around the state. Abrakadoodle provides remarkable art classes, art camps and art parties and special events for children ages twenty months to twelve years old at schools, community centers and other convenient locations. The Abrakadoodle mobile art education program is one of the most popular creativity programs in the world providing innovative art classes, art camps and art parties to tens of thousands of children across the country.

**Website:** <http://www.abrakadoodle.com/ut01/>

**Phone:** 801-641-1160

**Locations:** SLC, Park City, Riverton, Harriman, South Jordan

**Age:** 20 Months-12 years

- ✧ **Christa McAuliffe Space Education Center:** Has summer day and overnight camps involving simulated space missions.

**Website:** [www.spacecamputah.org](http://www.spacecamputah.org)

**Phone:** 801-785-8713

**Location:** Alpine

**Ages:** 7-17

- ✧ **Rowland Hall Summer Rocks:** 28 Sports Camps and Mini Classes for 'Teens taught by Rowland Hall Faculty and Coaches. Everything from science and pottery to creative writing and high ropes course adventure to acting and social skills. Open to students from across the region! Most classes are offered in a.m. or p.m. slots and are 3 to 5 days in length.

**Website:** [www.rowlandhallsummer.org](http://www.rowlandhallsummer.org)

**Phone:** 801-924-2972

**Age:** 4-14

**Location:** SLC

- ✧ **Higher Ground Learning:** is a creative learning center for all ages, providing students with educational alternatives that stimulate the intellect and imagination. From one-on-one instruction to our workshops and classes, we specialize in innovative and experiential curricula, giving each student a chance to explore his or her interests, develop life skills, and experience the passion of learning.

**Website:** <http://www.highergroundlearning.com/>  
**Phone:** 801-524-0817  
**Location:** SLC  
**Age:** All ages
- ✧ **Hogle Zoo:** Offers educational programs including zoo classes, zoo camps, and volunteer activities.

**Website:** [http://hoglezoo.org/education\\_programs/zoo\\_classes](http://hoglezoo.org/education_programs/zoo_classes)  
**Phone:** 801-582-1631  
**Age:** Grades K-12  
**Location:** SLC
- ✧ **Imagination Place Summer Camp:** Summer camps that integrate music, art, dance, yoga and theatre.

**Website:** <http://www.imaginationplace.com/summer-programs.html>  
**Phone:** 801-463 9067  
**Age:** 10-16  
**Location:** SLC
- ✧ **The Little Gym:** Offers summer camps for children with a variety of themes.

**Website:** <http://www.thelittlegym.com/Pages/kids-camps.aspx>  
**Phone:** 801) 581-9866  
**Location:** SLC, Draper, Orem, Sandy  
**Age:** 3-8
- ✧ **Mad Science Summer Camps:** Offers week long hands on science summer camps.

**Phone:** 801-292-8646  
**Website:** [www.madscience.org/](http://www.madscience.org/)  
**Age:** Grades K-5<sup>th</sup>  
**Location:** SLC
- ✧ **Momentum Indoor Climbing:** Offers summer camps where kids can learn all about rock climbing while they build confidence. Runs June 5-August 19.

**Phone:** 801-990-6890  
**Website:** [www.momentunclimbing.com/](http://www.momentunclimbing.com/)  
**Age:** 7-19  
**Location:** Sandy
- ✧ **Red Butte Garden:** offers nature inspired day camps that combine art, science gardening and exploration. Made for k-6<sup>th</sup> grade.

**Phone:** 801-581-8454  
**Website:** [http://www.redbuttegarden.org/summer\\_camp](http://www.redbuttegarden.org/summer_camp)  
**Location:** Salt Lake  
**Age:** Grades K-6<sup>th</sup>
- ✧ **UNIVERSITY OF UTAH YOUTH EDUCATION:** OFFERS A VARIETY OF DIFFERENT CAMPS AND CLUBS INCLUDING COMPUTERS, SCIENCE, FILMMAKING, ARTS AND CRAFTS AND HIGH SCHOOL CREDIT.

**Website:** <http://continue.utah.edu/youth>  
**Phone:** 801-581-6461

**City:** Salt Lake City

**Cost:** Varies, but scholarships are available

**Age:** grades K-12

- ✧ **Utah Museum of Natural History Camps** UMNH Summer Camp offers children a chance to explore subjects ranging from rocks to space, from water to sound, from the ecosystems in their own backyards! UMNH Camps are taught by experienced UMNH Science Educators. Kids are learning while having fun!

**Website:** <http://www.umnh.utah.edu/camp>

**Phone:** 801-585-3948

**Age:** K-9<sup>th</sup>

- ✧ **Wasatch Kids Camp:** Offers a summer camp experience for kids of all backgrounds.

**Website:** <http://www.wasatchkidscamps.com/>

**Phone:** 801-828-7142

**Age:** 5-13

**Location:** Murray

## Community Education

- ✧ **Murray Community Education**

**Website:** <http://www.murrayschools.org/parents-and-student/community-education/>

**Phone:** 801-264-7414

- ✧ **Granite Peaks Community Education**

**Website:** <http://www.granitepeaks.org/>

**Phone:** 385-646-5439

- ✧ **Canyons Community Education**

**Website:**

[http://www.canyonsdistrict.org/index.php?option=com\\_k2&view=item&layout=item&id=396&Itemid=68](http://www.canyonsdistrict.org/index.php?option=com_k2&view=item&layout=item&id=396&Itemid=68)

**Phone:** 801-826-6689

- ✧ **Davis Community Education**

**Website:** <http://www.davis.k12.ut.us/district/home/adult.htm>

**Phone:** 801-402-5261

- ✧ Many other districts in Utah also offer Community Education classes. Call your local school district to find out what they offer!

## Free Activity Ideas

- ✧ **Salt Lake County Library :** Offers online activities, classes , and summer reading programs for kids and teens

**Website:** <http://slcolibrary.org/>

- ✧ **Park District:** Offers information about where to find public Parks in Salt Lake City

**Website:** <http://www.slcclassic.com/publicservices/parks/>

- ✧ **Utah Families "No More Bored Kids Calendar":** A listing of daily activities for children.

**Website:** <http://www.utahdiscovery.com/uf/calendar.php>



✧ **Find a Museum:** Find a local Museum

**Website:** <http://www.utah.com/museums/>

✧ **Letterboxing** is like getting a treasure map and looking for a hidden treasure. There are letterboxes all over the United States. The website has all the instructions of how to get started and on your way. There are a wide variety of adventures to suit all ages. This is a good alternative for geo cashing for those who don't have GSP receivers.

**Website:** <http://letterboxing.org/>

✧ **Start your own 4H Club!** Kids K-12 can join an open club (6<sup>th</sup>-9<sup>th</sup> community clubs or the Dog Training Club) or create one with 5 kids (from 3 families) at your school or in your neighborhood – 4H provides training and curriculum to parent volunteers who lead the group – dues are \$1 (covers insurance). Wow! Not just horses and livestock, 4H offers opportunities in everything from robotics to mock legislature to cooking to dog training! Summer Camps are open to all kids (including one on robotics).

**Website:** <http://saltlakecounty4-h.org>

✧ **Utah Valley Free Things To Do:** List of free activities in Utah Valley

**Website:** <http://www.utahvalley.com/packages-coupons/free-things.aspx>

✧ **Cheap Things to do in Utah:** A website listing 1000 free and cheap things to do in Utah

**Website:** [http://attractions.uptake.com/utah/cheap\\_vacations/with/p-2.htm](http://attractions.uptake.com/utah/cheap_vacations/with/p-2.htm)

#### **UTAH PARENT CENTER INFORMATION DISCLAIMER**

*Our mission is to help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support. The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M020032. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Only approved items are included herein. The UPC is not responsible for information or services provided by agencies, organizations, or individuals listed. Readers are responsible to investigate resources to determine if appropriate when making informed decisions. Permission to reprint the information herein is granted with complete attribution.*

